

LEICESTER CITY HEALTH AND WELLBEING BOARD DATE

Subject:	University Hospitals of Leicester: Annual Prevention Report
Presented to the Health and Wellbeing Board by:	Dr Ruw Abeyratne Director of Health Equality and Inclusion
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EXECUTIVE SUMMARY:

UHL was the first acute trust to publish an annual prevention report in January 2024.

The aims and objectives of the UHL Annual Prevention Report 2023 are briefly summarised below and have been developed to align with the objectives of the NHS Long Term Plan (LTP).

A specialised prevention taskforce was developed in 2022 with the focal points being around prevention and coordination with primary and community partners to achieve the requirements set out in the NHS Long Term Plan by 2023/24. Key determining factors identified as aspects of interest with regards to prevention include smoking, alcohol, weight management, health inequalities, workplace wellbeing and Making Every Contact Count (MECC); these are the given priority status in the NHS LTP. Part of the UHL prevention agenda discloses the requirement for an Annual Prevention Report.

UHL prevention report aims and objectives:

- Provide stakeholders with an overview of UHL's progress in prevention and how this is being rooted into services.
- Summarise measures used by UHL to address health inequalities.
- Summarise service specifications and applications in the areas of alcohol, smoking, Latent Tuberculosis Infection (LTBI) and workplace wellbeing within the Trust.
- Detail the implementation of the MECC approach across the Trust.
- Prepare recommendations for next steps.

Based on the findings of the UHL Annual Prevention Report 2023, the following recommendations are proposed:

- MECC: Provide healthcare professionals with adequate training to deliver brief advice and interventions regarding prevention concerns during routine patient interaction.
- Data collection: Implement the documentation of smoking status, alcohol consumption and BMI for all patients admitted.

- Timely referrals to the Alcohol Care Team are essential if patients have disclosed excessive alcohol intake or are admitted with alcohol related complaint.
- Review the current process for recording smoking assessments and identify areas for improvement.
- Encourage Latent TB screening for groups at high-risk and provide a combined testing programme for Latent TB infection and blood-borne viruses.
- Enhance staff wellbeing and access to public health interventions through assertive outreach, awareness events and engagement.

A key risk to the ongoing evolution and embedding of this work across UHL is the lack of internal Public Health resource.

RECOMMENDATIONS:

The Health and Wellbeing Board is requested to: note and support the report and actions arising.